

# Welcome to Kuopio

NOK 2024  
5-8 August 2024

Dear colleagues,

The next Nordic Congress of Ophthalmology (NOK) will be on August 5-8, 2024, in Kuopio, Finland ([www.nok2024.fi](http://www.nok2024.fi)). The congress will be held at the Kuopio Music Centre, which is one of Finland's most significant concert and congress centers and the heart of musical life in the province. Kuopio, the capital of Lakeland, is in the eastern part of Finland. It is the eighth-largest city in the country and the largest city in the North Savo region. Kuopio is surrounded by the beautiful Lake Kallavesi. Kuopio is one of the most lake-rich areas in the world; altogether, we have nearly 200,000 lakes in Finland.



Photo by Wille Markkanen



Photo by Wille Markkanen

It is difficult to go anywhere without seeing beautiful lakes. Currently, Kuopio is one of the hottest migration cities in Finland. It has a diverse economy and an internationally recognized university. It offers one of the country's biggest year-round travel destinations within the same municipality. Lakeland provides authentic Finnish culture, cuisine, sauna experiences, abundant "green gold" forests, and breathtaking lake sightseeing. One of the most famous scenic points is Puijo Tower, which rises 75 meters above the ground and 306 meters above sea level. At the top, you'll find a unique restaurant that rotates around the clock for a full 360-degree view of the spectacular landscapes below. It overlooks the largest national urban park.

Coming to Kuopio is easy from anywhere in Europe (see the map below). You can get to Kuopio from Helsinki in around an hour by airplane. Alternatively, you can travel by train directly from Helsinki airport. This approximately 4-hour journey allows you to see even more of our beautiful nature.

**Important dates:**

- **15 December 2023** – Registration opens and call for abstracts
- **31 March 2024** – Deadline for early-bird registration
- **1 April 2024** – Deadline for submission of abstracts
- **15 June 2024** – Notification of acceptance of abstracts
- **5-8 August 2024** – Congress  
Welcome to Kuopio!



Photo by Wille Markkanen



Photo by Tapio Haaja

You are warmly welcome to Kuopio NOK 2024.

*Kai Kaarniranta  
Mika Harju  
Juha Haqman  
Saara Ahtola  
Liisa Marttila  
Niko Kivinen  
Oona Martikainen*

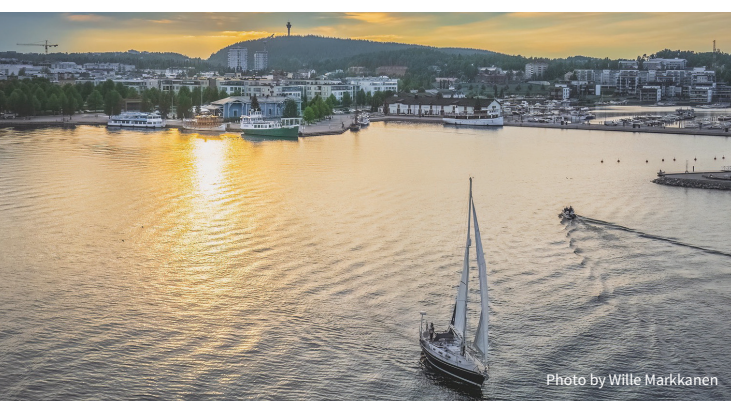


Photo by Wille Markkanen



Photo by Wille Markkanen

# Where will you be August 5-8, 2024?

Join us in beautiful Kuopio,  
Finland, for NOK 2024.  
Registration and more  
information:



INVITATION TO ATTEND

## Ocular inflammation and infection course 18–19th April 2024

Join us for a comprehensive educational two-day program on how to safely diagnose and manage patients with all common types of uveitis. The course is aimed at ophthalmologists specialising in medical retina and general ophthalmology.

**Faculty:**

Professor Sue Lightman (Inverness, UK)  
Professor Peter McCluskey (Sydney, Australia)  
Professor Oren Tomkins Netzer (Haifa, Israel)  
Professor Douglas Jabs (Baltimore, USA)



Venue:

**The Auditorium at St. Erik Eye Hospital,  
Eye Center of Excellence,  
Eugeniavägen 12,  
Stockholm, Sweden**

Register from 1st December 2023.  
For more information, visit:  
[insights.eyecan.se/uveitis/](https://insights.eyecan.se/uveitis/)

S:T ERIKS  
ÖGON  
SJUKHUS