

# Received from Finland



Kaisu Viikarini has received the two mails below. Read 'Myopia in youngsters' on page 18.



Dear friends!  
I'm sad that you, like the most, apparently have given up but do read what this girl, typically understanding anything about the idea, tells about the \*\*\*\*\* critique of my writings!

20.1.2013 18:38, Vrinda Anand kirjoitti:  
Madam,  
My name is Vrinda and I am 17 years old. Lately I have been having problems seeing distant things. So I went to get my eyes checked. And it turned out that I have myopia. (-1 in right eye and -.75 in left) and I have had head pain and strain also. I will have to wear glasses in this condition and all everyone tells me is that wearing specs permanently and regularly will make my power constant.  
Its depressing and sad because I don't wanna wear glasses all my life.

So I googled for books to cure myopia and your name came up. Readers have rated your books 5 stars and given really long and good reviews. I don't expect you to read this because I mean I'm just another person looking for a cure to this disease. But if you are I want to ask you: have you actually been able to cure myopia? Do you think I can be specs-free too?? Is it all gonna be okay?? Because I really want to cure this. Waiting eagerly for your reply

Sincerely,  
Vrinda



Subject: *High Myopia (-12D) in 3 year old boy.*

As a sample of the extremes!

Dear Dr. Vikari,  
My name is Amil and I am father of Krish Turakhia. Last year (Dec 2012) we took Krish for his first eye exam and were told that he is high myopic. Since then we have taken two other opinions and both have told us that he is myopic. Below are three prescriptions:  
First Doctor: (India - Eye dilated using atropine - mildly undercorrected, suspect axial myopia and pseudo myopia)  
Right eye (DV) Sph (7.00) Cyl (2.5) Axis (5) V (6/36) Left eye (DV) Sph (7.00) Cyl (1.5) Axis (155) V (6/36)  
He said that during retinal exam with computer he found full correction to be around -8.5 D however these results can often be deceptive. He also used traditional lens and light method and gave us above prescription.

Second Doctor: (Full correction - Suspect axial myopia) Right eye Sph (10.75) Cyl (2.00) Axis (120) Left eye Sph (11.00) Cyl (2.00) Axis (71)  
Per second Dr. we should not give our son under correction rather give him full correction, he prescribed us following. We were not sure if eyes were properly dilated or not. During this exam our son was not cooperating while looking at Snellen's chart. Then they thought of dilating his eyes. He used following drops to dilate the eyes:  
Proparicane  
cyclopentolate  
tropicamide  
Uneolaspamine -- This is how it sounded.  
He also did retinal exam on computer and found the correction around -10.5D and -11 D and after traditional lens and light method gave us about prescription.  
Third Doctor: (Full correction - Confident about axial myopia )  
Right eye Sph (12.00) Cyl ( 2.75) Axis (110) Left eye Sph (10.50) Cyl (2.75) Axis (080)  
During this visit he was co-operating

and read lots of letters on Snellen chart with glasses with -7D prescription. His eyes were then dilated for traditional lens and light method and during this exam above prescription was found. cyclopentolate was used to dilate his eyes. When asked if his eyes are properly dilated, Dr. did say it is not and there is possibility of getting higher numbers but he was confident that what he has given is correct. We are very concerned as our son is very young for this higher prescription.  
I understand that you have not looked at our son and it is very unfair of me to come to you with my son's personal problem. But I write to you with lot of hope and optimism to get some valuable advice and guidance. Please forgive us as it was not our intent to spam your email box.  
Regards, Amil Turakhia

